

Elbow and Hand Surgical Workshop



Experts and Instructors 2026



WORKSHOP DAY I

9:00 – 9:15 **REGISTRATION & COFFEE**

9:15 – 10:30 **DIDACTIC SESSION I**

Welcome & Introduction

Keynote: SL Ligament Rupture – When Is Surgical Repair Necessary?

Keynote: Thumb Collateral Ligament Rupture – Surgical Considerations with Allogeneic Suture Anchors

Keynote: Especially Interesting Shark Screw® Cases from My Clinical Practice

Keynote: MCL & LCL – How to Approach Elbow Instability

10:30 – 12:45 **WETLAB SESSION I**

Hands-on Exercise: Reconstruction of Thumb UCL with Shark Screw® Mini Suture

Hands-on Exercise: Collateral Ligament Reconstruction of the Index Finger (RCL) with Shark Screw® Mini Suture

Hands-on Exercise: Distal Biceps Tendon Refixation

Hands-on Exercise: MCL & LCL Reconstruction at the Elbow

12:45 – 13:30 **LUNCH BREAK & SHOW ROOM**

African Cuisine: Traditional African Dishes

13:30 – 14:30 **DIDACTIC SESSION II**

Keynote: What Could Go Wrong? Surgical Learnings from Over 10,000 Shark Screw® Procedures

Keynote: Histology & Bone Healing of Allografts

Keynote: Especially Interesting Shark Screw® Cases from My Clinical Practice

14:30 – 15:15 **WETLAB SESSION II**

Hands-on Exercise: Scaphoid Fracture Repair from Dorsal and Palmar Approaches

Hands-on Exercise: 360° SL Ligament Repair Following Jakob & Sailer

Hands-on Exercise: Fracture of the Styloid Process of the Ulna or Radius

15:15 – 15:30 **COFFEE BREAK & SHOW ROOM**

15:30 – 17:00 **WETLAB SESSION III**

TFCC Refixation

Hands-on Exercise: Os Tibiale Externum – Osteosynthesis or Fixation

Hands-on Exercise: Lapidus Arthrodesis

18:30 – 22:00 **ALM DINNER**

WORKSHOP DAY II

8:30 – 9:30 **DIDACTIC SESSION III**

Keynote: Allogeneic Treatment Concepts for Osteoarthritis in the MCP, DIP & PIP Joints

Keynote: Wrist Arthrodesis with Shark Screw® – My Surgical Considerations

Keynote: Especially Interesting Shark Screw® Cases from My Clinical Practice

Keynote: Osteoarthritis of the Carpal Bones & Distal Radioulnar Joint (DRUJ) – Indications for Arthrodesis

9:30 – 11:00 **WETLAB SESSION IV**

Hands-on Exercise: DIP Arthrodesis

Hands-on Exercise: DIP Arthrodesis from Distal Approach

Hands-on Exercise: PIP Arthrodesis

11:00 – 11:15 **COFFEE BREAK**

11:15 – 13:00 **WETLAB SESSION IV**

Hands-on Exercise: IP Arthrodesis from Dorsal Approach

Hands-on Exercise: MCP I Arthrodesis

Optional: Four Corner Fusion, Sauvé-Kapandji Procedure for DRUJ Osteoarthritis, STT Arthrodesis

13:00 – 14:00 **LUNCH**

Certificate Ceremony
African Cuisine: Traditional African Dishes

14:00 – 16:00 **FREE WORKING TIME**

16:00 **COURSE END**

Course Languages: German / English

Workshops 2026:



LOCATION: surgebright GmbH, Gewerbezeile 7, 4040 Lichtenberg
COST: €225.00, including human specimens, course materials, and